

Sri Sankarācārya's Ātmā Satkam  
Raga: Darbāri Kannadā

1. manobudyahankāra cittāni nāham

*Mind-intellect-thought reason-ego are not the I*  
na ca srotrajihve na ca grānanetre  
*The I cannot be known by ears, tongue, smell or sight*

na ca vyoma bhoomirna tejo na vāyuhu  
*The I is not defined or confined by the five great elements*  
cidānanadaroopaha Sivoham Sivoham  
*The I is pure Consciousness, Bliss, the Self*

2. na ca prānasajnyo na vai pancavāyuhu

*Not confined by nor needing the vital forces or the five prana vayus*  
na vā saptadhāturna vā pancakosah  
*nor is the I the 7 fold material - marrow, bone, fat, flesh, blood,*  
*inner skin, outer skin- nor the five sheathes*

na vākpānipādham na copasthavāyu  
*Nor is the I attached to any organs of action, or bound by evolution*  
cidānanadaroopaha Sivoham Sivoham  
*The I is auspiciousness, auspiciousness alone is the I*

3. na punyam na pāpam na saukhyam na dukham

*Virtue or vice can never touch the I, nor joy nor sorrow*  
na mantro na tirtham na vedā na yajnah  
*It is neither vested in any mantra nor in any pilgrimage;*  
*neither in sacred scriptures nor in ritual*

aham bhojanam naiva bhojyam na bhoktāha  
*The I is not the experienced, the experience, or even the experiencer*  
cidānanadaroopaha Sivoham Sivoham  
*Consciousness and joy is the I, Bliss is its attire*

4. na me dvesarāgau na me lobhamohau

*The I has no hatred or passion; no covetousness or greed*  
mado naivame naiva mātsaryabhāvah  
*nor any arrogant vanity or any form of envy*

na dharmo na cārtho na kāmo na moksah  
*Past the 4-fold life-purpose - righteousness, wealth, desire, liberation*  
cidānanadaroopaha Sivoham Sivoham  
*joy incarnate, bliss of the blissful is the I*

5. na me mrutyusankā na me jātibhedaha

*The I has no misgiving of death, nor any cast or creed distinction*  
pitā naiva me naiva mātā na janmah  
*has neither father nor mother; was never born*

na bandhurna mitram gururnaiva sisya  
*No kith or kin nor any friend; has no guru nor is the I a disciple*  
cidānanadaroopaha Sivoham Sivoham  
*Consciousness and joy is the I*

6. aham nirvikalpo nirākār roopo

*Thought-free is I, formless its only form*  
vibhurvāpya sarvatra sarvaendriyānām  
*The I is the vitality behind all sense organs of all*

sadā me samatvam na muktirna bandhaha  
*Always in state of equanimity the I is neither bound by attachment*  
*nor does it need freedom*  
cidānanadaroopaha Sivoham Sivoham  
*Consciousness and joy is the I, Bliss is where it is found*